

# My Mum and I



Summer, I could see you having a kōrero with Autumn and just had to video the lovely interaction between you both.

I really enjoyed the way you were talking to Autumn. I could see how he responded back to your voice using his own sounds. When you smiled at him he smiled back at you. Summer you are really helping his brain to develop when you smile and talk with him. Autumn knows your voice. He would have been able to hear your voice when you were hapu. This means your voice is very familiar to him. Babies prefer their Mothers voices over that of anyone else and I can really see that Autumn knows that you are someone important in his life.

Summer when you were talking with Autumn I could see how you were looking right into his eyes. Eye contact—gazing into each other's eyes-- creates a strong emotional connection that makes your baby feel loved and special. It is also a way for babies to engage and explore. They study your face carefully and come to understand your expressions. They start to know when your feeling happy or sad.

Summer all of these beautiful interactions that you have with Autumn throughout the day show the bond that you are developing with him. Having a strong bond with Autumn will help to nurture his growing mana and wairua.

Summer its great having you come and spend time with Autumn. I'm looking forward to seeing Autumns continued smiles and kōrero with you.

Learning tags:

Communication - Mana Reo

Verbal communication

Well-being-Mana Atua

Communication with others

Emotional well-being

Non-verbal communication

Whanaungatanga

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