

TIME TO CHANGE MY NAPPY MAMA



As I laid you on the changing table,
You waited patiently to be changed.

You glanced at me with your thumb in your
mouth.

You stretched your hand out, to reach your
toes with a little pose.

Then you started pushing with your legs
against me

You were trying hard not to rush.

It must've felt really good when you started to
push onto me with your legs.

You began to stretch your legs out as far as
you could.

You looked up to the ceiling, while holding on
to the changing table tightly.

You lifted both of your legs up high.

And kept pushing and pushing.

Jayden! You have done it.

Are you ready for me?

"Don't worry about that horrible mess that I
can see".

I am ready, and I have been waiting, to change
you Jayden. Don't be shy, just lie. Mama is here
now and ready for you to be changed.



What learning was happening here?

Jayden you surprised me today when you
wanted your nappy changed. You were using
your body language to tell and let me know
that you were not ready to be changed. You
looked at me with a smile and then raised your
legs, telling me you were finally ready to be
changed.

What's next?

Jayden what's next, I will wait to see what else
you will tell me or show me using your body
language. I am learning more and more about
you as you grow and we will take our time
together.

